

Weekly Lunch Menu 01/23 - 01/27/2012

- MONDAY**
- French Onion Soup
 - Mushroom Soup -V-
 - Wheat Berry Salad with Dried Cranberries & Feta -V-
 - Wheat Berry, Feta & Grape Salad (Build Your Own)
 - Spinach Pasta Salad-V-
 - Honeydew
 - Peaches
 - Corned Beef
 - Egg Salad
 - Hot Dog
 - Waffle Fries
 - Steamed Fresh Green Beans
 - Sauteed Vegetable Medley
 - Spicy Tofu with Broccoli & Basil -V-
 - Hot Dog Topping Bar
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk

- TUESDAY**
- Manhattan Clam Chowder
 - Vegetarian Chili - V
 - Broccoli, Cauliflower, Cheddar & Bacon Salad
 - Swiss Onion Salad (Build Your Own)
 - Toasted Quinoa & Grape Salad -V-
 - Watermelon
 - Cantaloupe
 - Honey Ham
 - Hummus
 - Yankee Pot Roast
 - Spicy Teriyaki Tofu - V -
 - Spicy Teriyaki Sauce
 - Roasted Red Potatoes
 - Roasted Brussels Sprouts
 - Steamed Baby Carrots
 - Burger Seasonings Bar
 - Meat Sauce
 - Marinara Sauce
 - Garlic Bread
 - Pasta
 - Vanilla Yogurt
 - Frozen Yogurt
 - Fresh-Baked Cookies
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk

- WEDNESDAY**
- Chili Con Carne
 - Tomato Bisque-V-
 - Indian Chickpea Salad
 - Mango Crunch Salad
 - Vegetable Barley Salad-V-
 - Grapes
 - Pineapple
 - Genoa Salami
 - Spicy Olive Spread
 - Sloppy Joes
 - Baked Sweet Potato
 - "Creamed" Spinach
 - Aloo Gobi -V -
 - Steamed Swiss Chard
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- THURSDAY**
- Chicken Noodle Soup
 - Carrot Soup - V
 - Wheat Berry Salad with Feta & Grapes (Whole Grain)
 - Tomato & Jalapeño Salad - V -
 - Turkey Tortilla Salad (Build Your Own)
 - Oranges
 - Honeydew
 - House-Roasted Beef
 - Herbed Goat Cheese Spread
 - Chicken Fajitas
 - Spanish Rice
 - Balsamic Roasted Vegetable Pasta - V -
 - Steamed Asparagus
 - Roasted Winter Root Vegetables
 - Fajita Bar
 - Marinara Sauce
 - Meat Sauce
 - Pasta
 - Garlic Bread
 - Vanilla Yogurt
 - Frozen Yogurt
 - Easy Congo Bars
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice

- FRIDAY**
- Corn Chowder
 - Minestrone Soup - V -
 - Oriental Spinach Salad
 - Wild Rice Salad -V-
 - Tortellini & Broccoli Salad
 - Honeydew
 - Watermelon
 - Pastrami
 - Black Bean Hummus
 - Pepperoni Pizza
 - Cheese Pizza
 - Vegetable Lovers Pizza
 - Gnocchi Pasta with Gorgonzola Cheese & Mustard Greens -V-
 - Steamed Array of Vegetables
 - Corn
 - Marinara Sauce
 - Alfredo Sauce
 - Garlic Bread
 - Pasta
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

