

Weekly Lunch Menu

01/09 - 01/13/2012

MONDAY

- Beef Noodle Soup
- Tortellini Soup - V
- Wheat Berry Salad with Dried Cranberries & Feta - V
- Buffalo Chicken Salad
- Asian Noodle Toss
- Honeydew
- Peaches
- Corned Beef
- Swiss Cheese
- Edamame Hummus
- Hamburger
- Brussels Sprouts Dijon
- Steamed Cauliflower
- Waffles Fries
- Vegetable Burger- V -
- Burger Seasonings Bar
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

TUESDAY

- Italian Beef Barley
- Vegetable Noodle Soup - V
- Broccoli, Cauliflower, Cheddar & Bacon Salad
- Butternut Squash & Spinach Salad
- Bulgur & Lentil Salad -V-
- Cantaloupe
- Watermelon
- Capicola
- Provolone Cheese
- House- Made Hummus-V
- Chicken Marsala
- Glazed Carrots
- Lemon Rice Pilaf
- Spinach & Ricotta Calzone -V
- Spinach
- Ultimate Nachos Bar
- Marinara Sauce
- Meat Sauce
- Garlic Bread
- Pasta
- Frozen Yogurt
- Fresh-Baked Cookies
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

WEDNESDAY

- Classic Clam Chowder
- Tomato - V
- Indian Chickpea Salad
- Mango Crunch Salad
- Bulgur Wheat with Roasted Vegetable Salad -V-
- Pineapple
- Grapes
- Genoa Salami
- Spicy Olive Spread
- Fusion Hummus
- Classic Grilled Cheese
- Arroz Moro
- Steamed Broccoli
- Sautéed Squash Medley
- Baked Rigatoni with Broccoli & Bleu Cheese - V
- Marinara Sauce
- Alfredo Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk
- Fruit Drink

THURSDAY

- Hamburger Macaroni Soup
- Black Bean Soup with Cumin & Cilantro - V
- Tabbouleh (Whole Grain)
- Panzanella Salad (Build Your Own)
- Insalata Caprese with Pesto Vinaigrette
- Oranges
- Honeydew
- House-Roasted Beef
- Cheddar Cheese
- Hummus
- Garlic Chicken & Grapes
- Baked Sweet Potato Wedges
- Sautéed Swiss Chard
- Szechuan Eggplant
- Long Noodles with Soybeans & Garlic - V -
- Marinara Sauce
- Meat Sauce
- Pasta
- Garlic Bread
- Vanilla Yogurt
- Frozen Yogurt
- Almost Candy Bars
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk

FRIDAY

- Chicken Noodle Soup
- Barley & Lentil Soup - V
- Toasted Quinoa & Grape Salad
- Italian Tossed Salad
- Mediterranean Edamame Salad (Vegetarian)
- Watermelon
- Cantaloupe
- Pastrami
- Pepper Jack Cheese
- Black Bean Hummus
- Pepperoni Pizza
- Cheese Pizza
- Vegetable Lovers Pizza
- Grilled Tofu with Asiago & Pesto - V -
- Sautéed Zucchini
- Steamed Fresh Green Beans
- Marinara Sauce
- Alfredo Sauce
- Garlic Bread
- Pasta
- Frozen Yogurt
- Vanilla Yogurt
- Skim Milk
- Spa Water
- Unsweetened Ice Tea
- 2% Milk
- 100% Fruit Juice
- Chocolate Milk

