

Weekly Lunch Menu 09/26 - 09/30/2011

- MONDAY**
- Curried Chicken with Artichoke & Asparagus Soup
 - Barley & Lentil Soup
 - Chef's Salad
 - Chicken & Orzo Salad
 - Corned Beef
 - Egg Salad
 - BBQ Chicken Wings
 - Buffalo Wings
 - Portabella Mushroom Sandwich
 - Baked Macaroni & Cheese
 - Steamed Cauliflower
 - Sauteed Broccoli & Mushrooms
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Peaches
 - Honeydew
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- TUESDAY**
- Ham & Bean Soup
 - Carrot & Ginger Soup
 - Fit For Life Salad
 - Creamy Horseradish Coleslaw
 - Honey Ham
 - Hummus
 - General Tso's Chicken
 - Vegetable Egg Roll
 - Steamed Snap Peas
 - Ginger Carrot Coins
 - Steamed White Rice
 - Marinara Sauce
 - Meat Sauce
 - Garlic Bread
 - Pasta
 - Cantaloupe
 - Watermelon
 - Vanilla Yogurt
 - Frozen Yogurt
 - Fresh-Baked Cookies
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- WEDNESDAY**
- Tuscan Potato Sausage Soup
 - Roasted Eggplant & Tomato Soup
 - Tabbouleh
 - Georgia Peach Salad
 - Genoa Salami
 - Spicy Olive Spread
 - House-Made Chicken Fingers
 - Roasted Vegetable & Feta Pita
 - Scalloped Potatoes
 - Sauteed Zucchini
 - Steamed Lima Beans
 - Marinara Sauce
 - Alfredo Sauce
 - Pasta
 - Garlic Bread
 - Grapes
 - Pineapples
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink

- THURSDAY**
- Mexican Beef Stew
 - Mexican Black Bean Soup
 - Black Bean & Sweet Corn Salad
 - Chicken Nicoise Salad
 - House-Roasted Beef
 - Herbed Goat Cheese Spread
 - Hard & Soft Beef Taco
 - Southwest Black Bean Tomato Wrap
 - Cilantro Lime Brown Rice
 - Fiesta Corn
 - Seasoned Pinto Beans
 - Steamed Broccoli
 - Tex Mex Condiment Bar
 - Marinara Sauce
 - Meat Sauce
 - Pasta
 - Garlic Bread
 - Oranges
 - Peaches
 - Vanilla Yogurt
 - Frozen Yogurt
 - Rice Krispies® Treats
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk

- FRIDAY**
- Chicken Noodle Soup
 - Barley & Roasted Vegetable Soup
 - Oriental Spinach Salad
 - Indian Chickpea Salad
 - Pastrami
 - Black Bean Hummus
 - Popcorn Shrimp
 - Roasted Potatoes
 - Stuffed Shells
 - Seasoned Steamed Peas
 - Sauteed Sicilian Vegetables
 - Marinara Sauce
 - Alfredo Sauce
 - Garlic Bread
 - Pasta
 - Watermelon
 - Honeydew
 - Vanilla Yogurt
 - Frozen Yogurt
 - Skim Milk
 - Spa Water
 - Unsweetened Ice Tea
 - 2% Milk
 - 100% Fruit Juice
 - Chocolate Milk
 - Fruit Drink